



AuSPEN  
Australasian Society of Parenteral  
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## **AuSPEN Minutes of Annual General Meeting Held on Saturday 11 November 2023**

Between 12.15pm and 1.00pm NZDT in Park Hyatt Meeting Room Auckland and via  
zoom webinar

**Present:**

Refer attached document

**Secretariat:**

Sophie Hogan (SH) and Corp Comm

**Quorum**

SC requested members sign in with the sign in document, confirming 15 members needed for quorum and attendance well above today.

**1. Welcome, attendance and apologies**

Sharon Carey (SC), President and Chair opened the meeting welcoming all members to this years AGM and outlining agenda for meeting.

Rhiannon Crane & Kiah Waller noted as apologies today.

**2. Minutes of the 2022 AGM**

The President referenced the minutes of the previous AGM held on Saturday 19 November 2022 between 12.15pm and 12.45pm (AEDT) in Melbourne and via Zoom webinar; no queries were raised.

**Motion:** The minutes of the previous AGM meeting were accepted and approved.

**Moved:** Julia Fox      **Seconded:** Darcy Holt

**3. Reports:**

**a. President's report**



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The President introduced Council Members as outlined below and advised that the Committee updates will be provided later in the meeting.

Sharon Carey – President

Darcy Holt – Treasurer

Sophie Hogan – Secretary

Varsha Asrani – Clinical Practice Committee Chair

Julia Fox – Paediatric Committee Chair

Amin Roberts – Paediatric Committee

Kiah Waller – Marketing & Communications Committee Chair

Lisa Barker – Scientific Committee Chair

Rhiannon Crane – Education Committee Chair

Sharon Carey – Home Parenteral Nutrition Chair

Ibolya Nyulasi – Malnutrition Taskforce Committee Chair

Charlotte Rowan – 2023 Conference Organising Committee Chair

SC noted last 12 months has seen a focus on succession planning and AuSPEN are in the process of setting up Co-Chair for each Committees. The aim is for the Co-Chairs to step into the lead position when the current chair steps down. This process also assists to share the workload and offers opportunity for leadership roles. SC confirmed EOI will initially go out to current committee members and will then go out to wider members if needed. SC confirmed as President, she was in attendance for Parenteral and Enteral Nutrition Society of Asia (PENSA) with a number of other Association Presidents. SC highlighted focus of 2023 has also been to plan out events and projects to ensure association is proactive with members in regards to clinical guidelines. The Executive Committee has also been reviewing finances to support member needs and hopes to offer more research grants whilst continuing to work with consumer partners in 2024.

The President handed the meeting over to Sophie Hogan (SH) to present the Secretariat's report.

**b. Secretariat's report**

SH confirmed membership has increased to 154 this year with 18 members currently registered for 2024, noting prompt for membership renewal is due to the 2023 Conference. SH reminded members to renew membership for next year and shared Corp Comm assist with some secretariat aspects for AuSPEN events.

SH handed the meeting over to Darcy Holt (DH) to present the Treasurer's report.

**c. Treasurer's report – AuSPEN Membership**



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DH presented report noting that AuSPEN broke even for previous year confirming a healthy position for upcoming year. DH shared current financial position of over \$200,000 thanking sponsorships and Corp Comm for assisting with financial report.

Proposal for motion to change membership fees

- Current membership fees: AUD \$300/year, includes ESPEN membership
- Proposed membership fees: AUD \$200/year, with option of supplemental block membership of ESPEN (approx. AUD \$147.50)
- This would return an extra AUD \$7500 to AuSPEN each year, while offering a lower-cost membership option that may encourage growth of membership

**Motion:** DH proposed motion to change membership fees as per Treasurer report.

**Moved:** Sharifah Syed Mustaffa      **Seconded:** Sophie Hogan

D Holt thanked Comm Corp and Auditors for their work throughout the year and advised that copies of the Annual Report can be made available.

**Motion:** DH proposed motion to accept financial report.

**Moved:** Sharon Carey      **Seconded:** Charlotte Rowan

DH handed the meeting over to Varsha Asrani (VA) to commence committee chair updates.

#### 4. Committee Chair Updates

##### a. Clinical Practice

VA shared status of HEN Project noting that current draft is almost ready to be live on the website in next few weeks. Prolonged fasting in hospital patients is completed and looking to be published.

Refeeding Syndrome in Adult Hospitalised Patients : A Consensus Statement (Kylie Matthews and Deborah Lawlis / Kirrilee Blackwood) continues

Clinical Guidance And Interpretation Of Indirect Calorimetry In Acute And Intensive Care Setting (Emma Ridley) - EOI to be sent

Guideline Recommendations for NAFLD (Elena George) - continues

Supplemental Parenteral Nutrition Recommended Best Practice in Intensive Care will be worked on in the future.



VA handed the meeting over to Julia Fox (JF) to discuss Paediatric Committee updates.

**b. Paediatrics**

JF shared Paediatric Committee have a number of activities currently running across sub groups and highlighted a few today.

Blended tube feeds (Nicole Ross and Claire Reilly) – reinvigorated subcommittee, working groups around update of resources, consensus group, BTF commercial products nutritional content, BTF survey working on publication of results and are looking at updating resources on the website. The most clicked resources on the AuSPEN web page.

Jejunostomy Feeding Consensus (Dr Kathleen McGrath) –

- Completed evidence search and review
- Draft submitted and currently under peer review 'A Clinical consensus paper on jejunal tube feeding in children'
- Plan to now develop a more practical clinical tool to assist clinicians managing children receiving jejunal tube feeding in everyday clinical practice from appropriate patient selection to during period of feeding to follow up and monitoring. Anticipate this to be completed early 2024 for publication on AuSPEN website.

Trace Element update

- Letter to editor accepted in Journal Paediatrics and Child Health
- "The successful collaboration between the Australasian Society for Parenteral and Enteral Nutrition (AuSPEN) and Industry to develop a new Paediatric Intravenous Trace Element Solution for Australia and New Zealand"

MUAC (Caitlin Miles)

- Development and voting on consensus statements complete – draft paper underway and presented at Paediatric workshop
- Next step is to develop toolkit in how to incorporate MUAC in clinical settings
- Full release at 2024 conference



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#### IBD/Liver (Deirdre Burgess)

- EEN – Multi-site study underway concomitant/additional allowed food and its effect on EEN & remission rates
- Nutrition in liver disease and transplant guideline – literature review stage

#### Refeeding (Anna Rich/Amy Andrews)

- Have completed literature on each topic area
- Working on consensus statements

JF handed the meeting over to M&C Chair to discuss Marketing & Communications Committee updates.

#### **c. Marketing and Communications**

SH presented on behalf of KW. SH shared presentation highlighting that our Social Media following continues to grow with a focus on Twitter and LinkedIn as more members are showing interest in these platforms. Performance Reach (number of times someone has clicked on material) has shown increase in second quarter. E-updates have been active for greater than 12 months and are proving to be a huge success. M&C committee plan to look into further developments to the membership section in 2024. Website updates have commenced with changes to AuSPEN membership portal based on membership feedback.

SH continued with Education Committee updates below:

#### **d. Education**

SH confirmed current aims of committee and shared farewell to Rebecca Coggins, Cameron French, Kirsty McDowall thanking them for their time. SH shared that the recent Advanced Nutrition Course had 45 delegates and the new format was a success. The committee are currently brainstorming new ideas and will work with other committees to run useful workshops in 2024.

SH handed the meeting over to Lisa Barker (LB) to discuss Scientific Committee updates.

#### **e. Scientific**

LB shared current aim of committee to attendees and confirmed a very active group in 2023 through management of research grants, conference abstract submission and research presentations as well as providing education to researchers.



#### Development of Mentoring Program

16 mentees and 6 mentors, with 45% considering a research higher degree and 50% having never submitted a conference abstract before

12-month program offering monthly zoom meetings, alternating between didactic lectures from senior researchers and small group mentoring discussions

Publication of abstracts from 2023 conference for first time in Clinical Nutrition ESPEN

Successful delivery of novice research workshops at last two scientific conferences

LB handed the meeting back to Sharon Carey (SC) to discuss HPN

#### f. HPN

SC shared the committee are currently setting up a registration for Australia with NZ already having one. Committee have received ethics approval for registry and the next few months will focus on user guides and data dictionaries with the aim to open in 2024. SC confirmed Baxter and Takeda are assisting with funding so the committee are looking to have a project assistant come on board. Model of care - work being finalised from HPN survey. SC confirmed a lot of work around changes in funding for home PN with various lobbying currently in progress. Queensland Health are setting up a workforce to investigate the changes. SC shared the committee's plan to run the AuSPEN intestinal failure and rehabilitation workshop with the seminar team from UK in May of 2024 in Sydney.

SC handed the meeting over to Ibolya Nyulasi (IN) to discuss the Malnutrition Taskforce Committee updates

#### g. Nutrition Taskforce

IN confirmed they are planning to launch a new committee within AuSPEN. This committee will specifically look at malnutrition and how AuSPEN can address related issues. The focus will be on promoting awareness, identifying national standards and encouraging people to meet those standards. EOI will be distributed to members to establish committee and create 2024 program.

IN handed the meeting back to SC for final notes and close.

### 5. Future events and milestones:

#### a. 2024 Conference – Brisbane

SC confirmed to members that next AGM and Scientific Conference will be held in Brisbane for 2024 with Julia Fox and Emma Osland to Co-Chair steering Committee.



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Confirmed dates for 2024 are 14-16 November at BCEC. SC also confirmed plan for 2025 Conference to return to Sydney.

**6. Other business:**

SC shared EOI will be distributed for new council members and encouraged interested individuals to be involved.

There was an opportunity provided for members to engage and raise any relevant questions.

SC extended thank you to everyone involved in 2023 Conference and closed AGM 12.50pm.