



AuSPEN
Annual Conference
November 17-19, 2016
CQ Centre, Melbourne
www.auspen2016.org.au

The Impact of Malnutrition

(We can't afford to ignore it!)

Draft Program 29.8.16 (subject to change)

Thursday 17th November

Concurrent ½ day workshops - 8.30am - 12.30pm

A: ESPEN LLL course- Nutrition in Intensive Care Unit patients Facilitators/teachers: Professor Pierre Singer, Dr Susannah King, Ms Azmat Ali

Time	Topic
9.00 – 9.10	Introduction, overview
9.10- 9.40	More than choosing the route: Enteral and parenteral nutrition
9.40 – 10.10	Clinical priorities for solving complex ICU patient problems
10.10 – 10.40	Morning tea
10.40 – 11.10	How to maintain homeostasis by nutrition care in the ICU
11.10 – 11.40	Repletion, supplementation and pharmaco-nutrition
11.40 – 12.10	Case studies
12.10 – 12.40	LLL test/exam
12.40-13.00	Exam marking, awarding of LLL certificates

B: Symposium: Food allergy and intolerance across the lifespan

Time	Topic	Speaker
8.30 - 8.35am	Opening	Chair
8.35 - 9.00am	Food allergy and intolerance in Australia – where are we now?	Prof Kate Allen, Gastroenterologist, RCH, Melbourne
9.00 - 9.25am	Eosinophilic oesophagitis and gut allergy	Dr Ralf Heine, Gastroenterologist, RCH, Melbourne
9.25 - 9.50am	Gut allergy, intolerance and diet	Vicki McWilliam, Dietitian, RCH, Melbourne
9.50 - 10.20am	The new ASCIA Infant feeding guidelines: overview and practice aspects: atopic and at-risk families	Kathy Beck, Lady Cilento Hospital, Brisbane
10.20-10.50am		Morning Tea
10.50 - 11.15am	Adult food allergy and intolerance: diagnostic and management challenges	Dr. Celia Zubrinich
11.15 - 11.40am	Towards curative therapy for food allergy	Prof Robyn O'Hehir, Dept of Allergy Immunology and Respiratory Medicine, Alfred Hospital, Melbourne
11.40 - 12.05pm	Coeliac disease – new developments	Dr Jason Tye-Din
12.05 - 12.25pm	TBA	Emma Halmos
12.25pm	Wrap-up and close	



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Concurrent ½ day workshops - 1.30pm- 5.30pm

A: ESPEN LLL course -Nutrition support in the perioperative period Facilitators: Professor Pierre Singer, Ms Azmat Ali

Time	Topic
1.30 - 1.40pm	Introduction, overview
1.40 - 2.10pm	Module 1. Metabolic Responses to Surgical Stress
2.10 - 2.40pm	Module 2. Nutritional Goals in the Perioperative Period
2.40 - 3.10pm	Module 3. Managing Surgical Stress: Principles of Enhanced Recovery and Effect on Outcomes
3.10 - 3.40pm	Afternoon tea
3.40 - 4.10pm	Module 4. Making the Gut work
4.10 - 4.40pm	Case studies
4.40 - 5.10pm	LLL test/exam
5.10 - 5.30pm	Exam marking, awarding of LLL certificates

B: Paediatric Nutrition Support Symposium:

Time	Topic	Speaker
1.30pm	Welcome/Introduction	Liz Rogers, Dietitian, RCH Melbourne
1.35pm	Update on paediatric PN	Dr Rupert Hinds, Paediatric Gastroenterologist, Monash Health, Melbourne
1.55pm	Paediatric trace element guidelines - AUSPEN	Dr Zoe McCallum, Paediatrician, RCH, Melbourne
2.15pm	Training and competencies in PN	Julia Fox, Dietitian, Lady Cilento Hospital, Brisbane
2.30pm	Nutrition Requirements in PICU + Nestle Training Toolkit	Liz Rogers, Dietitian, RCH Melbourne
3.00 – 3.30 pm		Afternoon Tea
3.30pm	Weaning from enteral nutrition	Helen Wightman, RCH, Melbourne
3.50pm	Monitoring long term enteral nutrition in paediatric patients	Caitlin Watson, Dietitian, Monash Health, Melbourne
4.20pm	Probiotics in Neonates	Dr Leah Hickey, Neonatologist, RCH, Melbourne
4.40pm	Pre-term infants - Nutrition issues post discharge	Colleen Oliver, Dietitian, Royal Women's Hospital, Melbourne
5.15pm		Meeting re collaborative group on paediatric PN



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8.30 - 10.15am	Opening plenary : Nutrition in critical care and beyond
8.30 - 8.40am	Welcome and conference opening - A/Prof Ibolya Nyulasi, President of AuSPEN
8.40 - 9.20am	Energy delivery to the critically ill patient: What is the magic number? Prof Pierre Singer, Israel
9.20- 9.50am	Muscle mass assessment: CT analysis and ultrasound Marina Mortzakis, Canada
9.50 - 10.15am	Weakness and deconditioning: the ICU and beyond A/Prof Sue Berney, Physiotherapy, Austin Health
10.15 - 10.45am	Morning Tea - Trade exhibition and poster viewing
10.45 - 12.15pm	Concurrent Sessions: Free paper oral presentations (two concurrent sessions)
12.15 - 1.30pm	Lunch - Trade exhibition and poster viewing
1.30 - 3.10pm	Symposium: Parenteral Nutrition
1.30 - 2.00pm	Lipids in parenteral nutrition - Prof Pierre Singer
2.00 - 2.20pm	AuSPEN guidelines: vitamins in parenteral nutrition - Emma Osland, Senior Dietitian, Royal Brisbane & Women's Hospital
2.20 - 2.40pm	Managing multiple IV requirements: Access and infection - Sue Larsen, Nutrition Support Nurse, Auckland
2.40 - 3.00pm	Managing multiple IV requirements: More infusions than lumens -Diana Booth, Pharmacist, The Alfred, Melbourne.
3.00- 3.10pm	Questions and discussion
3.10 - 3.40pm	Afternoon Tea
3.40 - 5.10pm	Symposium: Gastroenterology and nutrition: The impact of new insights
3.40 - 4.00pm	Gastroparesis: mechanisms and management - A/Prof Geoff Hebbard
4.00 - 4.15pm	Dietary management of gastroparesis - Jessica Peters
4.15 - 4.25pm	Questions/discussions: gastroparesis
4.25 - 4.45pm	Irritable bowel syndrome: mechanisms and management Prof Peter Gibson, Monash University and Alfred Health, Melbourne
4.45 - 5.00pm	Irritable bowel syndrome, diet and the microbiome - Emma Halmos Walter and Eliza Hall Institute, Melbourne
5.00 - 5.10pm	Questions/discussions: IBS
5:15 - 6.16pm	AuSPEN Annual General Meeting (financial members only)
6.30 - 9.00pm	Cocktail Party, Blue Diamond Lounge



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Saturday 19th November	
7.15 - 8.15am	Breakfast symposium sponsored by Fresenius-Kabi
8.30 - 9.15am	Symposium: Economics in Clinical Nutrition: The impact of malnutrition
8.30 - 9.00am	Economics in clinical nutrition: the impact of malnutrition Prof Marinos Elia (University of Southampton, UK (via Videolink)
9.00 - 9.30am	Quality indicators in nutrition: a health service approach to addressing malnutrition Janet Weir- Phyland, Alfred Health, Melbourne
9.30 - 10.00am	Safe and effective prescribing of nutrition: The impact of dietitian prescribing rights in New Zealand Ms Tory Crowder, Dietitian, New Zealand
10.00 - 10.30am	Morning Tea
10.30 - 11.05am	Inflammation: how do we know nutrition is having an impact? Prof Pierre Singer
11.05 - 11.35am	Mediterranean diet: applications in clinical nutrition - A/Prof Catherine Itsiopolous
11.35 - 12.00	Nutrition in inflammatory bowel disease: What's the latest? - Dr. Rebecca Burgell
12.00 - 1.00pm	Lunch - Trade exhibition and poster viewing
1.00 - 2.30pm	Symposium: Nutrition in the elderly
1.00 - 1.40pm	Sarcopaenia assessment: integration into clinical practice - Dr. Andrea Maier
1.40 - 2.30pm	When is nutrition support appropriate in the elderly: How far do we go? Speaker TBA plus panel discussion
2.30 - 3.00pm	Afternoon Tea
3.00 - 4.25pm	Symposium: Cancer Nutrition: Making a positive impact
3.00 - 3.25pm	The impact of chemotherapy on taste perception, food preferences and appetite - Dr. Anna Boltong
3.25 - 3.55pm	The impact of cancer on body composition, amino acid metabolism and function: potential for novel interventions - Dr. Barbara van der Meij
3.55 - 4.25pm	"Food on demand" positively impacting on food intake in hospital Ms Sally McCray
4.25 - 4.30pm	Close of conference A/Prof Ibolya Nyulasi, AuSPEN president

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