

LEARNING FROM ADVERSITY FOR A BRIGHTER FUTURE IN CLINICAL NUTRITION



## AUSEPEN 2022 CONFERENCE PROGRAM

**DAY 0** THURSDAY 17<sup>TH</sup> NOVEMBER

### PRE-CONFERENCE WORKSHOPS

Registration for the pre-conference workshops can be completed through the main conference registration

#### PRE-CONFERENCE MEETINGS

##### 2022 Paediatric Symposium

##### Workshop 1 - Multidisciplinary Management of Functional Gut Disorders

This will be an interactive case-based workshop aiming to provide a multidisciplinary perspective on simple and complex patients with functional gut disorders. The workshop will be led by members of the St Vincent's Hospital Functional Gut clinic including our dietician, nurse therapist, psychiatrist and a Gastroenterologist

##### Workshop 2 - Managing Eating Disorders on the Acute Hospital Ward

The aim of this workshop is to enhance clinical practice knowledge and understanding of boundaries, treatment complexities and collaborative team approaches of the inpatient management of an acute eating disorder patient on a general medical ward (non-specialist).

##### Workshop 3 - Research in Practice: A Practical Guide to Getting Started

This session will be an overview of research basics for clinicians wanting to start doing research within their clinical practice or working toward a research higher degree. We will also introduce and launch the AuSPEN mentoring program.

##### ESPEN LLL - Nutrition Support in Liver and Pancreatic Disease

ESPEN's highly regarded LLL program provides an internationally recognised certificate of education in advanced nutrition support. This year at AuSPEN 2022, we are pleased to offer modules 13 & 14 of the LLL curriculum

##### HPN Adult Health Professional Symposium - Sponsored By Takeda

The HPN Adult Health Symposium will provide people working in the area of Home Parenteral Nutrition presentations on current challenges for HPN management, complex case studies and an update on AuSPEN HPN activities.






# MAIN CONFERENCE

TIME	SESSION INFORMATION	
06.30 - 08.30	Registration	
07.00 - 08.15	Breakfast Symposium - Sponsored By Baxter Healthcare 	
08.30 - 08.45	Opening & Welcome to Country + President's Welcome - <i>Sharon Carey, AuSPEN President</i>	
<b>Plenary Session 1: In the Face of Adversity</b>		
08.45 - 09.30	Nutrition in Crisis – An African Experience - <i>Chantelle Witten</i> (Nutrition Lead for SACSoWACH – South African Civil Society for Women's, Adolescent's and Children's health) 	
09.30 - 10.00	Learnings & Insights from the Christchurch Terrorist Attacks - <i>Tory Crowder</i> (Dietetic Manager, Christchurch Hospital)	
10.00 - 10.45	Morning Tea	
<b>Plenary Session 2: A Brighter Future for Clinical Nutrition</b>		
10.45 - 11.30	From Clinician to Patient – A Unique Experience - <i>Paul Wischmeyer</i>	
11.30 - 12.00	Individualised Diets - <i>Clare Collins</i> 	
12.00 - 12.30	Sarcopenia and Obesity: connecting the dots - <i>Rocco Barazonni</i> 	
12.30 - 13.45	Lunch and Poster viewing	
13.45 - 15.30	Concurrent Abstract Session 1 Chair - <i>Lee-anne Chapple</i>	Concurrent Abstract Session 2 Chair - <i>Kate Fetterplace</i>
	Title: A Review Of The Nutrition Management And Incidence Of Refeeding Syndrome In Eating Disorder Inpatients - <i>Emily Brodie</i>	Title: Nutritional Requirements And Status Following Allogeneic Stem Cell Transplant (Sct) - <i>Peter Konstantopoulos</i>
	Title: Measured Energy Expenditure In Critically Ill Adults With Obesity And Comparison With Clinical Guideline Recommendations: A Systematic Literature Review - <i>Dr Kate Lambell</i>	Title: Prehabilitation Before Gastrointestinal Cancer Surgery (Prehab-Gi): Implementation Study' - <i>Kristy-Lee Raso</i>
	Title: Post-Icu Nutrition Practices And Nutrition-Related Issues In Covid-19 Patients During The First Surge - <i>Georgia Hardy</i>	Title: The Effects Of A 12-Week Mediterranean Diet Versus Low-Fat Diet On Inflammation In Patients With Non-Alcoholic Fatty Liver Disease - <i>Dr Anjana Reddy</i>
	Title: A Dietitian Led Parenteral Nutrition Team: The Impact Of A Change In Service Delivery - <i>Sarah Kane</i>	Title: Implementation Of Proactive Enteral Nutrition For Patients Undergoing Allogeneic Stem Cell Transplantation - <i>Dr Sarah Andersen</i>
	Title: Micronutrient Deficiency Risk In Long-Term Jejunal Fed Patients: A Systematic Review - <i>Emma Osland</i>	Title: Association Between Diet, Depression, Anxiety And Metabolic Syndrome: A Systematic Literature Review And Meta-Analysis. - <i>Tonya Paris</i>
	Title: Percutaneous Endoscopic Gastrostomy In Paediatric Cf Patients: Outcomes And Patient Experiences - <i>Caitlin Miles</i>	Title: Health Service Nutrition Practices And Associations With Clinical Outcomes In Patients Undergoing Resection For Upper Gastrointestinal Cancer - <i>Dr Irene Deftereos</i>
	Title: Investigation Of The Effect Of Dedicated, Specialist Dietetics Input On Home Parenteral Nutrition (Hpn) Costs - <i>Azar B-Nejad</i>	Title: Improving Mediterranean Diet Adherence In A Routine Care Integrated Care Clinic For Nafld - <i>Tayla Robertson</i>
	Title: Nutrition Perspective Of Patients With Scleroderma - <i>De'arne Samm</i>	Title: Prevalence Of Low Muscle Mass, Malnutrition And Sarcopenia And Association With Survival In Adults With Cancer In The Uk Biobank Cohort - <i>A/Prof Nicole Kiss</i>

# DAY 1 CONTINUED...

## MAIN CONFERENCE



 **PLEASE NOTE**  = virtual presentation



TIME	SESSION INFORMATION	
15.30 - 16.00	Afternoon Tea	
	<b>COVID</b>	<b>Inflammatory Bowel Disease (IBD)</b>
16.00 - 16.30	16.00-16.30: Nutrition and Exercise to Improve Outcomes in COVID-19: New Data and Trials - <i>Paul Wischmeyer</i>	Diet in the Management of Paediatric IBD - <i>Deirdre Burgess</i>
16.30 - 17.00	Long COVID clinics – A Nutrition Focus - <i>Hilda Griffin</i>	The role of diet for adult IBD - <i>Alice Day</i>
<b>19.00 - 23.00</b>	<b>Dinner at the Rendezvous Hotel Melbourne</b>	



# DAY 2 SATURDAY 19<sup>TH</sup> NOVEMBER

## MAIN CONFERENCE

TIME	SESSION INFORMATION	
07.30 - 08.30	Registration	
	<b>Concurrent Session: Liver</b>	<b>Concurrent Session: Gastrointestinal</b>
08.30 - 09.00	NAFLD – Body Composition - <i>Elena George</i>	POTS – Physiology - <i>Murray Esler</i>
09.00 - 09.20	NAFLD – Metabolic Consequences - <i>Michael Braude</i>	Nutritional Management and Dysmotility/ POTS - <i>John DiBaise</i>
09.20 - 09.40	Review of Energy Requirements for Liver Disease - <i>Brooke Chapman</i>	Nutritional Management and Dysmotility/ POTS - <i>John DiBaise</i>
09.40 - 10.00	Sarcopenia and its Importance in CLD - <i>Penny Hey</i>	Fibre in the Management of High Output Stomas - <i>Kate Hamilton</i>
10.00 - 10.30	Morning Tea	
	<b>Concurrent Session: Parenteral Nutrition</b>	<b>Concurrent Session: Intensive Care Unit (ICU)</b>
10.30 - 11.00	Supplemental PN - <i>Mette Berger</i> 	Overcoming Challenges To Early Feeding in ICU - We Must Do Better! - <i>Paul Wischmeyer</i>
11.00 - 11.20	Meta Analysis on Taurolock - <i>Angharad Hurley</i> 	Monitoring Nutrition in ICU - <i>Kate Lambell</i>
11.20 - 11.40	Central Line Management - <i>Rebecca Coggins</i>	Role of Post-Pyloric Feeding in ICU - <i>Lee-anne Chapple</i>
11.40 - 12.00	QOL in HPN - <i>Sharon Carey</i>	Amino Acids and the Impact on Muscle Wastage in Critically Ill Patients; What Do We Know? - <i>Kym Witthloz</i>

## DAY 2 CONTINUED...

### MAIN CONFERENCE

TIME	SESSION INFORMATION
12.00 - 12.45	Lunch and AuSPEN AGM (30mins)
<b>Plenary Session 3: Our Amazing Body</b>	
12.45 - 12.55	Presentation of Awards - <i>Sharon Carey</i>
12.55 - 13.30	The Gut-Liver-Brain Axis - <i>Helen Vidot</i>
13.30 - 14.10	Faecal Transplant for MH - <i>Jess Green</i>
14.10 - 14.40	Microbiome in the ICU and COVID-19 – Where To From Here? - <i>Paul Wischmeyer</i>
<b>Plenary Session 4: Hot Topics</b>	
14.40 - 15.00	Nutrition in Human Rights - <i>Diana Cardena</i> 
15.00 - 15.20	Blended Tube Feeds – What Should We Recommend? - <i>Rachel Lindeback</i>
15.20 - 15.50	What's hot in ESPEN – Current and Future Directions - <i>Rocco Barazzoni</i> 
15.50 - 16.00	Closing Remarks and Awards - <i>Sharon Carey, AuSPEN President</i>



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