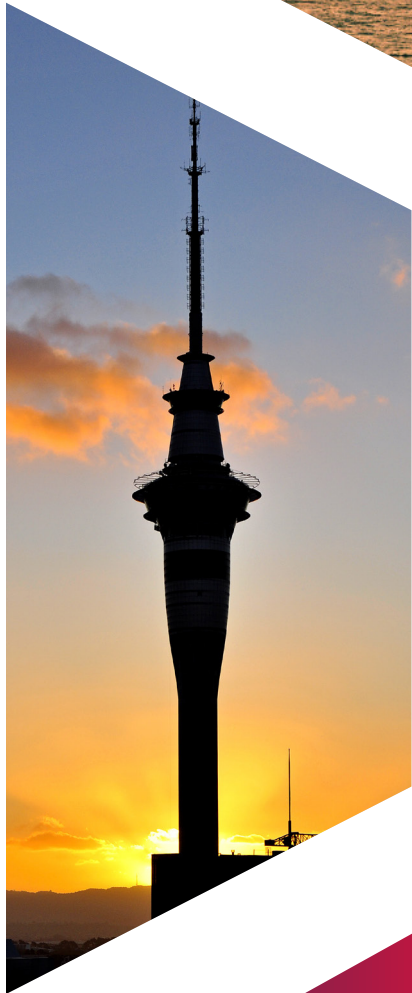




# AuSPEN 2023

CONFERENCE  
PROGRAM

## TE ANGA WHAKAMUA MOVING FORWARD



Prepared By :  
**CORP COMM**



# Welcome

Nau mai, haere mai! Welcome to Auckland  
The AuSPEN 2023 conference is here at the City of Sails – Auckland, New Zealand from 9th to 11th November.

The theme of our conference is “Te Anga Whakamua – Moving Forward”  
Advancing Clinical Nutrition in a New World.

The conference will be held over three days at the Park Hyatt Auckland, a new and exciting venue on Auckland’s beautiful waterfront. The timetable includes our popular paediatric symposium, a hands-on enteral nutrition workshop, as well as sessions on cutting edge research, advances in clinical nutrition, holistic aspects of clinical nutrition, reducing health inequities in nutrition support and, as always, an ESPEN LLL course. You can also expect a fabulous social event right in front of the harbour.

## Speakers

We have so many excellent speakers attending AuSPEN 2023.

If you would like to learn more about our speakers, you can scan the QR code to the right.



## AuSPEN Social Event

Put on your dancing shoes and your favourite disco outfit for our 2023 Social Event!

From 19:00pm - 22:30pm on Friday 10<sup>th</sup> November, we look forward to welcoming attendees to the Boathouse Room at the Park Hyatt for a disco themed evening.

With delicious interactive food stations, supplied drinks, and a fantastic DJ, join us for a fun networking event.

Bring out your best dance moves and be sure to secure your all inclusive tickets quickly.

**Tickets can be picked up from the registration desk at lunchtime on Friday.**

If you have any questions relating to your dinner ticket, feel free to come see CORP COMM at the registration desk. They can help you with any queries or to see if there are any last minute tickets to get your hands on!

# Thursday 9th November



| Morning Session: 8:30 am – 12:30 pm (morning tea – 10:30 am - 11:15 am)    |                      |   |  |
|--|----------------------|---|--|
| 07:30-08:30  | Registration Open    |   |  |
| 08:30-12:30  | Paediatric Symposium | Workshop One<br>Practical Enteral Nutrition<br>Workshop | ESPEN LLL Course Approach<br>to Parenteral Nutrition |
| 12:30-13:30  | Lunch                |   |  |
| Afternoon Session: 13:30 pm – 17:30 pm (afternoon tea 15:30 pm - 16:00 pm) |                      |   |  |
| 13:30-17:30  | Paediatric Symposium | Workshop Two<br>Getting Started in Research<br>Workshop | ESPEN LLL Course Nutrition<br>Support in GI Disease  |

# Friday 10th November

| TIME        | SESSION INFORMATION  |
|-------------|--|
| 07:30-08:30 | Registration Open  |
| 08:30-10:00 | Plenary Session 1: Clinical/Intestinal Failure   |
| 08:30-08:45 | Mihi Whakatau and President's Welcome  |
| 08:45-09:10 | Advances in chronic intestinal failure – Developments in service delivery, home parenteral nutrition complications and GLP-2 analogues<br><i>Professor Simon Lal</i> |
| 09:10-09:30 | Development of a consensus for the management of Pancreatic Exocrine insufficiency<br><i>Mary Phillips</i>   |
| 09:30-10:00 | Therapeutic Vitamin C in Critical Illness<br><i>Dr Colin McArthur</i>  |
| 10:00-10:45 | Morning Tea  |
| 10:45-12:30 | Plenary Session 2: Whanau/QoL/epidemiological aspects of nutrition   |
| 10:45-11:15 | Impact of home parenteral nutrition on family members and quality of life – A case presentation<br><i>Professor Simon Lal</i>  |
| 11:15-11:45 | Intestinal failure - Lessons learnt over the past 35 years<br><i>Professor Ian Bissett</i>   |
| 11:45-12:15 | Equity in healthcare<br><i>Dawson Ward</i>   |
| 12:15-12:30 | Panel discussion<br><i>Led by Dr Helen Evans</i>   |
| 12:45-13:45 | <b>Cardinal Health Sponsored</b> Lunch Session - Understanding the science and considerations of Blenderised Tube feeding in the Paediatric patient population.      |
| 12:30-13:45 | Lunch  |

# Friday 10th Continued..

## 13:45-15:30 Concurrent Abstract Sessions

| Session One - 10 Minutes Including Q&A per Speaker  | Session Two - 10 Minutes Including Q&A per Speaker   |   |
|---|--|---|
| A pilot study of a volume based enteral feeding protocol for patients with acute neurological conditions.<br><i>Jessie Varghese</i>   | Microbiological analysis of foods to assess suitability for the neutropenic diet at a major teaching hospital in South Australia.<br><i>Trinity Gulliver</i>                               |   |
| Nutritional status of adult patients with traumatic injuries.<br><i>Caitlin MacCana</i>   | A Systematic Review Describing the Impact of Disease Modifying Therapies on Nutrition Outcomes in Spinal Muscular Atrophy.<br><i>Katie O'Brien</i>   |   |
| Understanding nutrition practices in the critically ill long-stay patient: A post-hoc analysis.<br><i>Elizabeth Viner-Smith</i>   | An Australian study of exclusive enteral nutrition for management of active severe inflammatory bowel disease focusing on efficacy and patient reported perspective.<br><i>Sarah Rouse</i> |   |
| Oral health of adults requiring home intravenous support.<br><i>Emma Osland</i>   | Clinical prognostic factors predicting survival of Motor Neuron Disease patients with gastrostomy: a retrospective analysis of a Western Australian cohort.<br><i>Aska Jie Yang</i>        |   |
| How does a 7-day nutrition model of care impact time and type of nutrition intervention and hospital-acquired malnutrition in an acute trauma ward?<br><i>Sarah Phillips</i>                      | Do we do what we say? Temporary tube feeding management in children.<br><i>Claire Reilly</i>   |   |
| Exploring patient experience before the implementation of an enhanced recovery after surgery program.<br><i>Bianca Poletti</i>  | Myosteatosis is associated with frailty and poor physical function in patients referred for liver transplantation.<br><i>Heidi Johnston</i>  |   |
| Comparing outcomes of ongoing nasogastric tube position testing practice in two countries.<br><i>Kate Glen</i>  | A prospective cross-sectional mixed-methods study evaluating dietary modifications in children with Inflammatory Bowel Disease.<br><i>Dewruwan Gammanpila</i>                              |   |
| Perioperative nutritional practices and associations with delayed gastric emptying in patients undergoing a pancreaticoduodenectomy: A retrospective observational study.<br><i>Mikeeley Hoch</i> | Implementing an early oral feeding protocol in the post liver transplant patient cohort.<br><i>Tahnie Takefala</i>   |   |
| Comparison of protein prescription versus delivery in enterally fed intensive care patients.<br><i>Rebecca Watkin-Brown</i>   |  |   |
| 15:30-16:00   | Afternoon Tea  |   |
| 16:00-16:45   | <b>Concurrent Sessions</b><br>Intestinal dysmotility – A case presentation<br><i>Dr Greg O'grady, Dr Charlotte Daker, Katie Simpson</i>  | <b>Concurrent Sessions</b><br>Care of a critically ill trauma patient<br><i>Areege Hussein, Dr Laura Bainbridge, Truc Nguyen, Dr Paul Baker</i> |
| 16:45-17:00   | <u>Panel Discussion</u>  | <u>Panel Discussion</u>   |
| 17:00-17:30   | <b>DEBATE</b> - "Obesity treatment drugs should be funded by the public health service"<br><i>Dr Helen Evans versus Ibolya Nyulasi</i>   |   |
| 19:00-22:30   | <b>AuSPEN Social Event - Boathouse Room Park Hyatt</b>   |   |

# Optimal dosing lets your PEI patients opt in to life.\*<sup>1-6</sup>

\*Optimal dosing of Creon® can lead to an improved quality of life.<sup>1-6</sup>  
Creon® can optimise nutritional status and normalise digestion, pain,  
and bowel movements, which may improve QoL in patients with PEI.<sup>5-7</sup>

## Suggested adult maintenance dosing:<sup>1,6,7</sup>



**Meals**  
70,000 - 75,000  
lipase units



**Snacks**  
25,000 - 35,000  
lipase units

**Creon®**  
Pancreatic Extract

PEI, pancreatic exocrine insufficiency; QoL, quality of life.

PLEASE REVIEW PRODUCT DATA SHEET, AVAILABLE AT [WWW.MEDSAFE.GOV.TZ](http://WWW.MEDSAFE.GOV.TZ), BEFORE PRESCRIBING.

CREON® (Pancreatic Extract). Modified release capsules. General Sales (10,000 units & Micro) and Prescription Medicine (25,000 units). **Indications:** For treatment of conditions associated with pancreatic exocrine insufficiency (PEI), such as: cystic fibrosis (CF), chronic pancreatitis, post-pancreatectomy, post gastrointestinal bypass surgery, ductal obstruction of the pancreas or common bile duct. **Contraindications:** Hypersensitivity to porcine protein or to any of the excipients. **Precautions:** Fibrosing colonopathy, pregnancy, lactation. **Adverse Effects:** Abdominal pain, nausea, vomiting, constipation, diarrhoea, abdominal distension, rash, pruritus, urticaria. **Dosage & Administration:** The dose required depends on the severity of disease and the composition of food. It is recommended to take the enzymes during or immediately after each meal or snack. Always ensure adequate hydration of patients to avoid constipation. The capsules should be swallowed intact however when swallowing of capsules is difficult, the capsules may be opened and the minimicrospheres added to acidic soft food such as apple sauce, yoghurt or fruit juice with pH < 5.5, or taken with liquid such as fruit juice with pH < 5.5, e.g. apple, orange or pineapple juice. Rinse mouth out afterwards to ensure no product is retained in the mouth. Treatment of adult patients with PEI associated with non-CF conditions – Required dose for meals: 25,000 to 80,000 lipase units; Snacks: half of meal dose. Refer to data sheet for dose titration considerations. Treatment of paediatric and adult patients with CF - Children < 4 years: Starting dose of 1,000 lipase units/kg bodyweight per meal; Patients ≥ 4 years: Starting dose of 500 lipase units/kg bodyweight per meal. For CF patients, maximum dose of 4,000 lipase units/gram dietary fat intake. Creon® is a fully funded medicine. Before recommending this medicine, please refer to the full data sheet available from [www.medsafe.govt.nz](http://www.medsafe.govt.nz). Viatris Limited, Auckland.

**References:** 1. Smith RC, *et al.* Australasian guidelines for the management of pancreatic exocrine insufficiency. Australasian Pancreatic Club, October 2015. Available at: <https://www.pancreas.org.au/resources> [Accessed October 2023]. 2. Sikkens EC *et al.* *J Gastrointest Surg* 2012; 16:1487-92. 3. Kuhlmann L *et al.* *JOP J Pancreas* (Online) 2018; 19(4):183-89. 4. Keller J *et al.* *Gut* 2005; 54(Suppl VI):vi1-vi28. 5. Creon® Product Information, Australia. 6. Creon® Data Sheet, New Zealand. 7. Ramesh H *et al.* *Pancreatology* 2013; 13(2):133-39.

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# Saturday 11th November

| TIME   | SESSION INFORMATION  |  |
|--|--|--|
| 07:00-08:00  | <b>Viatrix Sponsored</b> Breakfast Session - Practical application of PEI guidelines: controversy and considerations<br><i>Mary Philips</i>  |  |
| 08:30-10:00  | Concurrent Sessions: Sustainability/ psychosocial aspects/organisations of medical nutrition therapy   | Concurrent Sessions: Clinical Session on Surgery and Organ Dysfunction |
| 08:30 am – 09:30 am<br>Principles and Implementation of Co-design<br><i>Emma Wylie</i>   | 08:30 am – 09:00 am<br>Recent Insights into Organ Failure<br><i>Professor John Windsor</i>   |  |
| 09:30 am – 09:45 am<br>Preserving Resilience and Compassion: Addressing Burnout in Gastroenterology Care<br><i>Mimoza Soldatovic</i> | 09:00 am – 09:20 am<br>The ins and outs of Nutrition in pancreatic disease<br><i>Mary Philips</i>  |  |
| 09:45 am - 10:00 am<br>ICU Staffing Standards<br><i>Professor Ibolya Nyulasi</i>   | 09:20 am - 09:40 am<br>The Gut in Critical Illness - The Neglected Organ!<br><i>Varsha Asrani</i>  |  |
|  | 09:40 am - 10:00 am<br>The importance of nutrition support in the paediatric ICU.<br><i>Dr Brent McSharry</i>  |  |
| 10:00-10:30  | Morning Tea  |  |
| 10:30-12:00  | Concurrent Sessions: Gastroenterology  | Concurrent Sessions: Research  |
| 10:30 am – 11:00 am<br>Current techniques in bariatric surgery<br><i>Dr Laila Sheikh</i>   | 10:30 am – 10:50 am<br>Pelvic Exenteration<br><i>Dr Sophie Hogan</i>   |  |
| 11:00 am – 11:20 am<br>Dietetic management of bariatric patients<br><i>Kylie Russell</i>   | 10:50 am – 11:10 am<br>AuSPEN Home Enteral Nutrition – Optimal Care Pathway<br><i>Varsha Asrani</i>  |  |
| 11:20 am - 11:40 am<br>Crohns and Acute Intestinal Failure<br><i>Professor Simon Lal</i>   | 11:10 am - 11:40 am<br>Investigation of the nutritional response into chyme reinfusion therapy in patients with intestinal failure<br><i>Andrew Xia</i>                                  |  |
| 11:40 am – 12:00 pm<br>Pre-op feeding in Crohn's disease - A pilot study<br><i>Dr Catherine Wall</i>                                 | 11:40 am - 12:00 pm<br>Investigating the health, wellbeing and nutritional outcomes of long-term enterally fed patients in Counties Manukau, Auckland<br><i>Professor Rozanne Kruger</i> |  |
| 12:00-13:00  | Lunch - AuSPEN AGM 12:15 - 1:00pm  |  |
| 13:00-13:15  | Presentation of Awards<br><i>Dr Sharon Carey</i>   |  |
| 13:15-13:45  | Palliation in Parenteral Nutrition<br><i>Professor Simon Lal</i>   |  |
| 13:45-14:00  | Closing remarks<br><i>Dr Sharon Carey</i>  |  |

# THE FORTISIP RANGE IS GROWING

## INTRODUCING NEW FORTISIP PLANTBASED



### High Energy & Nutritionally Complete

Designed to meet the increased energy requirements of patients with disease related malnutrition



### 12g Plant Protein

Contains a blend of high quality plant protein made from pea & soy sources which meets the FAO 2013 recommended amino acid reference pattern for adults<sup>1-3</sup>



### Suitable for a Vegan Diet

Cow's milk free



### Available in Two Delicious Flavours, Liked and Selected by Healthy Adults\*

A refreshing blend of passionfruit and mango flavours  
Mocha – our signature blend of coffee & chocolate flavours

\*Product evaluation with n=83 healthy adults above 40 years old (2021, Spain)

1. Rutherford SM, et al. J Nutr. 2015;145(2):372-9. 2.
2. Yang H, et al. Agro Food Ind Hi-Tech. 2012;23:8-10.
3. Report of an FAO Expert Consultation. 2013.

This content is for healthcare professionals only. Fortisip PlantBased is a Food for Special Medical Purposes for the dietary management of disease related malnutrition and must be used under medical supervision

# Gold Sponsors



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## Silver Sponsors



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## Supporting Partners



# PNDU

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## AuSPEN Expo Trivia

Winners announced  
Saturday afternoon, Nov 11th

Compete in our 2023 AuSPEN Expo Trivia!  
Scan the QR code on this page with your phone. This will open up a short questionnaire competition.

Complete these questions about our fantastic sponsors whilst 'Moving Forward' through the exhibition area.

This is an excellent opportunity to engage with our sponsor companies, which are integral to our industry and generously support AuSPEN.

There are only 2 questions per sponsor – tip – Each company rep has the answer to one of the questions – the other you will find as you 'move forward' through the expo area!

**The first attendee to submit the correct answers wins a \$100 Visa voucher.**

**There will be a second chance draw for another \$100 Visa voucher.  
All entries with the correct answers will go into this draw.**

## SCAN ME

